

Neshaminy High School

Breakfast Daily Offerings at the Cafeteria & Snack Shack

- Bacon, Egg & Cheese Bagel
- Sausage, Egg & Cheese Bagel
 - Egg & Cheese Bagel
 - French Toast Sticks
 - Mini Waffles
- Bagel with cream cheese
- Assorted Cereal, Benefit Bar, Cereal Bar
 - Yogurt Parfait
- 1% White Milk and nonfat Chocolate Milk
- Apple juice, whole fruit & cupped fruit are available to complete your meal

All breakfasts must have a fruit or juice to make a complete, FREE meal

Lunch Daily Offerings

Deli Station Grab N Go

Turkey Hoagie, Italian Hoagie, Ham & Cheese Hoagie on a club roll

Fresh Mex Station

Monday-Quesadilla

Tues & Thurs- Soft tacos

Wednesday-Totchos

Friday-Nachos

Beef, chicken, or Rice. Sour Cream and salsa available

Pizza Station Daily

Cheese offered daily

Monday-Pepperoni,

Tuesday-Sausage,

Wednesday-Meat lovers,

Thursday-BBQ chicken,

Friday-Buffalo chicken

Salad Bar

Variety of premade salads

Grill Station grab & go

Chicken Patty Sandwich, Spicy Chicken Patty Sandwich, Hamburger, Cheeseburger, Chicken Tenders,

Toppings: Lettuce, Tomato, Onion, Pickles, American Cheese

Pasta Station

Penne Pasta Alfredo with Broccoli (Grilled Chicken can be added by request)

Penne Pasta with Red Sauce (Meatballs can be added by request)

Rotating Selection of Fruit & Vegetables

1% White Milk and nonfat Chocolate Milk

All lunches must have a fruit/juice OR vegetable to make a complete meal

Free - \$0.00, Reduced - \$0.00, Paid - \$3.35